



**I AM RESILIENT**



**#IAMRESILIENT2020  
MAM.MYELOMA.ORG**

**October 2020**

## **IMF Support Group Leader Monthly Newsletter!**

We are grateful to support group leaders for taking the necessary steps to meet virtually and keep yourselves and your group members safe. Please remember that the IMF offers to all myeloma support groups free virtual meetings using GoToMeeting platform. Please contact your IMF Support Group Team for details [SGteam@myeloma.org](mailto:SGteam@myeloma.org)

**COVID-19 & Myeloma Patient Safety - One Page Resource:** [Click Here](#)

### **Ask Dr. Durie Videos**

- October 21: As the pandemic continues, what does the future hold for myeloma patients? [View here](#)

### **IMF Blogs**

- October 1: Understanding second and third waves of COVID-19 as we head into autumn. [Read here](#)
- October 14: The silver lining for myeloma patients: Drawing on a lifetime of experiences. [Read here](#)
- October 22: **14<sup>th</sup> Annual virtual comedy celebration funds the cure!** [Read Here](#)
- October 22: **Science leads the way in treatment if myeloma and COVID-19.** [Read Here](#)

### **Other Myeloma Updates and Information**

- International Myeloma Working Group (IMWG) new risk stratification model for smoldering myeloma will reduce risk of disease progression and end-organ damage. [Read here](#)
- 30 years of putting multiple myeloma patients first. [Watch here](#)
- Co-Pay assistance programs update 10/7/20. [Learn more here](#)
- Watch the replay for 14<sup>th</sup> Annual Virtual Comedy Celebration. [Replay here](#)
- Come learn more about the IMF's Diversity Program [here!](#)
- Listen to the new episodes of Dr. Durie's new podcast [Click here](#)
- Building resilience during COVID-19 with yoga! [View here](#)

### **Educational Programs**

- November 12: Telehealth – How to make the most of your healthcare provider visit. [Register here](#)
- October 3: Come watch the replay our Patient and Family Webinar. [Replay here](#)

### **Virtual Meeting Topics/Speakers**

- If you are interested in a virtual presentation for your support group on [updates and resources from the IMF](#), contact your Support Group Director: [sgteam@myeloma.org](mailto:sgteam@myeloma.org)
- If you are interested in a virtual presentation for your support group from [The Binding Site](#) or [Karyopharm Therapeutics](#) please contact Robin Tuohy: [rtuohy@myeloma.org](mailto:rtuohy@myeloma.org)
- If you are interested in a virtual presentation from a nurse from the [IMF Nurse Leadership Board](#), please contact Jon Fitzpatrick: [jfitzpatrick@myeloma.org](mailto:jfitzpatrick@myeloma.org).
- If you are having a guest speaker and would like to offer other groups to join your virtual meeting, please stay tuned on how to post this to the Support Group Leader Toolkit.



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