

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP AUGUST 19, 2020 VIRTUAL MEETING RECAP

The Central New Jersey Multiple Myeloma Support Group had their third virtual meeting on August 19, 2020, after having to reschedule the August 5, 2020 meeting due to Hurricane Isaias, and the numerous power outages in our area. There were 29 members in attendance, and we welcomed two new members.

This was an open meeting.

The next virtual meeting of the Central New Jersey Multiple Myeloma Support Group will be held on September 2, 2020 from 6:30 pm – 8:30 pm via Zoom. We are pleased to present a program from The Binding Site, by speaker Dr. Aigars Brants...

Understanding Freelite

Understanding Freelite: Freelite assay is intended for the quantification of kappa and lambda free light chains in serum. The presentation will briefly discuss the role of plasma cells in multiple myeloma and how measuring the free light chain concentrations in conjunction with other laboratory findings (such as serum protein electrophoresis and immunofixation)

aids in diagnosis and monitoring of multiple myeloma and other disorders.

Speaker: Aigars Brants is a native of the Republic of Latvia residing in Atlanta, GA. He received his PhD from Cornell University, Ithaca, NY and has held various positions at the Boston Consulting Group, Sebia and Roche Tissue Diagnostics. Aigars has 15-year experience in the field of multiple myeloma (MM) diagnostics. He has presented at multiple local, national, and international meetings on various topics such as diagnosing multiple myeloma, hemoglobinopathies and diabetes. Currently Aigars is the National Director of Scientific Affairs at the Binding Site, Inc.

During our meeting, one member recommended the AliveCor KardiaMobile machine for those interested in real time, on the spot EKG readings. Using your cell phone, “Take a medical-grade EKG anytime, anywhere. In just 30 seconds, detect Atrial Fibrillation, Bradycardia, Tachycardia or Normal heart rhythm”

Please visit <https://www.alivecor.com/> for more information if you are interested.

MIRACLES FOR MYELOMA

http://give.myeloma.org/site/TR?fr_id=2101&pg=entry

IT'S ALMOST HERE!!

The 8th Annual Miracles for Myeloma 5k Run/Walk, first ever Virtual Edition is almost here. Visit the web page above for registration information. You can add up your miles starting September 1, so register today (unless you are walking or running for a medal, then your miles must be logged in on September 26 only). You can donate, add someone to the virtual Remembrance Path, sign up as an individual, create your own team **OR** join the Central Jersey Memorial Team. Over \$600,000 has been raised, \$80,000 last year alone, for Myeloma research. Registration fee is \$30, \$35 starting September 1 for runners/walkers, and \$20 for children under 12.

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
AUGUST 19, 2020 VIRTUAL MEETING
INFORMATIONAL MYELOMA LINKS**

International Myeloma Foundation

<https://www.myeloma.org/>

- FDA Approves Darzalex in Combination with Carfilzomib and Dexamethasone
- IMF to Host the 11th Annual International Myeloma Working Group (IMWG) Summit

- Good News: FDA Panel Votes to Approve Belantamab Mafodotin
- What is multiple myeloma?
- Publications and Videos
- Resources and Support
- Myeloma Research
- Co-pay Assistance Programs Update (7/28/2020)

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- What is Multiple Myeloma?
- Finding a Cure
- Resources

Myeloma Crowd

<https://www.myelomacrowd.org/>

- **August 29, 2020 – 12:00 EDT – Webinar** - Minimal Residual Disease (MRD) Essentials: Myeloma Crowd Round Table Interactive Webcast with Rafael Fonseca, MD, and Jeffrey Wolf, MD

- **MCRT Webcast:** Three Newly Approved Myeloma Treatments – Watch Replay Now
- How IVig Boosts the Immune System and Kills Multiple Myeloma
- Something New to Know about Allo (Donor) CAR Ts
- What to Eat if You Have Multiple Myeloma
- HealthTree University: Multiple Myeloma Basics Part 3 (3 of 3)
- Vitamin D Levels Impact Myeloma Patient Outcomes After

Myeloma Crowd Radio

<https://www.myelomacrowd.org/myeloma-crowd-radio-episodes/>

- **Full Show:** Rapid Drug Screening to Find and Repurpose Other Drugs for Multiple Myeloma with Keith Stewart, MB, ChB, MBA, Princess Margaret Cancer Centre

Cure

<https://www.curetoday.com/tumor/myeloma>

- More Effective Treatment Options are Needed for Patients with Advanced Multiple Myeloma – video

- Clinical Trials Are Pivotal in the Evolution of CAR-T Cell Therapy in Multiple Myeloma – video
- An Expert Discusses the Future of Multiple Myeloma Treatments - video
- Minimal Residual Disease is A Vital Marker for Patients with Multiple Myeloma, Says Expert – video

Onclive/Onclive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- Dr. Chari on Investigational Belantamab Mafodotin Combos in Myeloma
- Dr. Richard on Treatment According to Transplant Eligibility in Multiple Myeloma
- FDA Approves Daratumumab Plus Carfilzomib/ Dexamethasone in Relapsed/Refractory Myeloma
- Investigational Immunotherapies Elicit Unprecedented Responses in Relapsed/Refractory Myeloma
- Dr. Shah on BCMA-Directed CAR T-Cell Therapy Research in R/R Multiple Myeloma
- Research Reflections: Braunstein Breaks Down Top ASCO 2020 Abstracts in Myeloma

- Dr. Shah on Updated Efficacy of JNJ-4528 in Relapsed/Refractory Myeloma
- Dr. Shah on the Future of CAR T-Cell Therapy in Multiple Myeloma

Dr. Martin on the Safety Profile of Belantamab Mafodotin in R/R Multiple Myeloma

- Dr. O'Donnell Discusses Ongoing Research Efforts in Multiple Myeloma
- Subcutaneous Daratumumab Appears Primed to Transform Myeloma Care
- Improving Management of Relapsed/Refractory Multiple Myeloma
- Dr. Raje on Efficacy With Melflufen in Triple-Refractory Myeloma
- Noopur S. Raje, MD, discusses recent findings with melflufen in relapsed/refractory multiple myeloma.
- Dr. Costa on Unmet Needs in Relapsed/Refractory Multiple Myeloma
- Dr. Lonial on the FDA Approval of Belantamab Mafodotin-blmf in Multiple Myeloma
- FDA Approves Belantamab Mafodotin-blmf for Relapsed/Refractory Multiple Myeloma
- Dr. Raje on Remaining Questions in Multiple Myeloma

Myeloma Research News

<https://myelomaresearchnews.com/>

- Darzalex Faspro Combo Shows Benefits for Relapsed, Refractory Myeloma in Phase 3 Trial
- HealthTree University Opens to Help Myeloma Patients Better Direct Their Care
- Ide-cel Application Resubmitted to FDA With Requested Data
- FDA Approves Blenrep, 1st of Its Kind, for Heavily Pretreated Multiple Myeloma
- \$1.9M Grant Awarded for Study on How Fat Cells Help Myeloma Cells Resist Treatment

Patient Power

<https://patientpower.info/multiple-myeloma/>

- Promising New Treatments for Multiple Myeloma Patients
- Test Shows if Smoldering Myeloma Will Become Multiple Myeloma
- Belantamab mafodotin (Blenrep) FDA approved for Multiple Myeloma
- Bi-Specific T-cell Engager (BiTE) for Multiple Myeloma

- Can a Multiple Myeloma Registry Improve Patient Outcomes?
- Multiple Myeloma Support and Treatment Options

HealthTree University Myeloma (YouTube)

<https://www.youtube.com/channel/UC27i8v856WBGy-4ONPJS0MQ>

- How can I educate myself about myeloma?
- HealthTree University Webcast July 2020
- What are Progression Free Survival (PFS) and Overall Survival (OS)?
- Multiple Myeloma FAQs

Leukemia & Lymphoma Society (LLS)

<https://na.eventscloud.com/website/15323/>

- **Blood Cancer Conference**

A Free Virtual Educational Conference for Patients, Survivors, Caregivers and Healthcare Professionals

SATURDAY, SEPTEMBER 12, 2020 –

11:30AM – 2:45PM (Eastern Time)

All4Cure – videos (Youtube)

https://www.youtube.com/channel/UCmiQ0CAtn7zxDtk4DNrRdcA?view_as=subscriber

Hard-to-treat multiple myeloma responds to novel CELMoD agent

<https://www.healio.com/news/hematology-oncology/20200617/hardtoreat-multiple-myeloma-responds-to-novel-celmod-agent>

Mr. Tom Brokaw and the Importance of Early Cancer Screening-
The Promise Study

<https://www.youtube.com/watch?v=2TMP3NF-mqk>

Ask An Expert II: Dr. Karen Winkfield, Dr. Craig Cole, and Dr. Irene Ghobrial – The Promise Study

<https://www.youtube.com/watch?v=xLjr32uUIVI>

Ask an Expert III: Dr. Nicole Gormley, Dr. Bindu Kanapuru, and Dr. Irene Ghobrial – The Promise Study

https://www.youtube.com/watch?v=eK2lyNVIQ_Y

Ask An Expert IV: Dr. Rafat Abonour & Dr. Irene Ghobrial -The Promise Study

<https://www.youtube.com/watch?v=CAsdihw0oc>

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
MEETING RECAP FOR AUGUST 19, 2020
COVID19 INFORMATIONAL LINKS**

International Myeloma Foundation (IMF)

<https://www.myeloma.org/>

<https://www.myeloma.org/covid19-myeloma-patients>

- COVID-19 Update: Staying Safe and Hopeful, Buoyed by Positive Early Results in Vaccine and Treatment Research
- Knowledge Is Power, But Compassion Is Lacking
- Science to the Rescue!
- COVID-19 Update: Triumph and Tragedy
- Dexamethasone Works and a New Outbreak in China
- #ASKDRDURIE COVID-19 FAQs

- FAQ #13: Is it safe for myeloma patients to resume in-person doctors' visits?
 - FAQ #14: Should myeloma patients undergo ASCT during the pandemic?
 - FAQ #15: Is dexamethasone helpful against the COVID-19 infection?
 - FAQ #16: Is it safe for myeloma patients to travel by airplane?
 - FAQ #17: How high of a risk do asymptomatic carriers pose to myeloma patients?
 - FAQ #18: Is Ninlaro® a safe treatment alternative for myeloma patients during the pandemic?
 - FAQ #19: Should myeloma patients visit the dentist during the pandemic?
 - FAQ #20: What is a bubble? And should myeloma patients exercise this practice?
 - FAQ #21: How should myeloma patients conduct their follow-up appointments?
- 2020 Federal Government Response to COVID-19
 - COVID-19 External Resources
 - COVID-19 Pharma Resources

Multiple Myeloma Research Foundation (MMRF)

<https://themmrf.org/>

<https://themmrf.org/?s=covid>

- Coronavirus (COVID-19) & Multiple Myeloma
- An Announcement from MMRF CEO Paul Giusti on COVID-19
- Multiple Myeloma & COVID-19 Guidelines for Health Care Providers
- Weekly COVID-19 Updates for Patients
- Additional COVID-19 videos
- Medications and COVID-19
- Key Facts and Tips on COVID-19
- Regional COVID-19 Resources for Patients
- Kathy Giusti: War on coronavirus can teach us how to more effectively wage war on cancer
- Managing Through Crisis: Why Urgency Can Bring Clarity

Myeloma Crowd

<https://www.myelomacrowd.org/>

Search "COVID"

- Myeloma Coach: Remain Socially Connected In A Physically Distant World
- How Long Does COVID-19 Immunity Last?
- Real World Update on COVID and Myeloma From Five NYC Myeloma Centers

Patient Power

<https://patientpower.info/multiple-myeloma/>

<https://patientpower.info/search/?center=28&query=covid>

- Multiple Myeloma and COVID-19: What Experts Have Learned
- Drugs Used for Myeloma are Helping Fight COVID-19
- Anti-inflammatory Drugs May Help Treat COVID-19